#### CHILDREN BROCHURE



# MORAVIAN CHURCH - BARBADOS CONFERENCE Provincial Theme: Advance the Kingdom: S.H.I.F.T.

S. - Seek & Submit

H. - Hear & Heed

I. - Imagine & Insight

F. - Focus & Function

T. - Totally Transformed

Age: 13 yrs. & Over

**FUNCTION** 

November 22 - Thou shall not kill

Scripture:

Sing along with me:

https://www.youtube.com/watch?v=4cvhp6VdwNM

HE

**Memory verse:** 

Exodus 20:13 Do not murder (NIRV)

Psalm 37: 1 – 11 NIRV



#### Let us read together

- 1 Don't be upset because of sinful people.

  Don't be jealous of those who do wrong.
- 2 Like grass, they will soon dry up. Like green plants, they will soon die.

- 3 Trust in the Lord and do good.

  Then you will live in the land and enjoy its food.
- 4 Find your delight in the Lord.

  Then he will give you everything your heart really wants.
- 5 Commit your life to the Lord.

  Here is what he will do if you trust in him.
- 6 He will make the reward for your godly life shine like the dawn.

  He will make the proof of your honest life shine like the sun at noon.
- 7 Be still and wait patiently for the Lord to act.

  Don't be upset when other people succeed.

  Don't be upset when they carry out their evil plans.
- 8 Turn away from anger and don't give in to wrath. Don't be upset, because that only leads to evil.
- 9 Sinful people will be destroyed.

  But those who put their hope in the Lord will receive the land.
- 10 In a little while, there won't be any more sinners. Even if you look for them, you won't be able to find them.
- 11 But those who are free of pride will be given the land. They will enjoy peace and success.

#### Message:

#### Let's talk about it.

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Gerry: Hello Tony. What is wrong with your face? What have you so upset?

Derrick: He is so angry with Bev?

Gerry: Angry with Bev? What could she have done? He looks like!! Come on Tony. Talk to me.

Can you finish this conversation? Can you put some answers that Tony could have given?

Have you ever been so angry with someone that you felt like you could kill them?

People sometimes get so angry that they feel like they will kill the person who offended them. The part of the Psalm which we read, gave a lot of tips for us to practice self-control. I like verse 8. Let us read again what it says. "Turn away from anger and don't give in to wrath. Don't be upset, because that only leads to evil."

We all allow our anger to get the best of us at times. When we are wronged or feel unfairly disadvantaged, we naturally want to retaliate or "fix the problem" in the fastest way. But when our response involves "rage, anger, harsh words, and slander", we have crossed a line. We have sinned in our anger and given the devil a foothold. Sometimes, long after we should have moved on, we harbour a desire to revisit the wound and hang on to the anger. This only leads to bitterness. We must yield to the Holy Spirit and trust in His power to overcome such sin.

Getting angry is a natural human emotion that could lead us into sin. But, if we remember that God is a God of justice, we can use our anger in a way that honours Him. Every day we may be faced with tough situations that can make us react differently — sometimes we might be sad, sometimes we might be upset, and then there are other times when we can grow very angry and even become violent. Yes, even though feeling these intense emotions is perfectly normal, after all, we are human, you shouldn't cling to them for a long time and hold grudges because it goes against God's wishes. Ephesians 4:31 tells us "Get rid of all hard feelings, anger and rage. Stop all the fighting and lying." We need to put away every form of hatred. God wants us to let go of our anger as soon as possible because it's this intense anger that can lead us to sin.

The next few verses will help us to stay focused on God when we feel that our anger is getting out of control.

Proverbs 14:17 says: "A quick-tempered man does foolish things."

And then Proverbs 16:32 encourages us: "Better a patient man than a warrior, a man who controls his temper than one who takes a city."

And in James 1: 19 - 20 we read: 19 My dear brothers and sisters, pay attention to what I say. Everyone should be quick to listen. But they should be slow to speak. They should be slow to get angry. 20 Human anger doesn't produce the holy life God wants.

Can we manage this? How are we to respond to personal attacks, to the betrayals, thievery, and injuries that hurt us so deeply? Jesus also told His followers "I am sending you out like sheep among wolves. So be as wise as snakes and as harmless as doves." (Matthew 10:16, NIRV). We are to protect ourselves without stooping to the level of our attackers. An angry outburst accomplishes little, besides satisfying our emotions. Jesus told us to expect persecution. The nature of today's world is that someone is always trying to take advantage of us. If we are shrewd yet innocent, we will not be as shocked when it happens and will be better prepared to deal with it calmly.

The important thing here is that we do not get so angry with persons that it will lead us to do something very wrong. Be careful to surround yourself with persons who can help you to stay focused on God and keep out of sin. Let us read again, Psalm 37: 1 - 11



Let us pray:

Dear Father, we thank You for creating and caring about all humans. Help us to respect the people You made by never hitting or harming anyone. Help us to find other ways to solve our problems. In Jesus' name we pray, amen.



## Activity:

1. How many words can you make with the letters in the command "THOU SHALL NOT KILL"

| 2 letters | 3 letters | 4 letters | 5 or more letters |
|-----------|-----------|-----------|-------------------|
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Solomon in his wisdom had some practical things to say about how to handle anger: Complete each of the following verses by reading the passages given:

| Anyone who is patient has great understanding |
|---|
| (Proverbs 14:29, NIRV).                       |
| A gentle answer turns anger away.             |
| (Proverbs 15:1 NIRV)                          |
| A person with a bad temper stirs up conflict  |
| (Proverbs 15:18 NIRV)                         |
| It is better to be patient than to fight.     |
| (Proverbs 16:32 NIRV)                         |
| A person's wisdom makes them patient.         |
| (Proverbs 10.11)                              |

2. Read the each of the following passages and then say what the anger was about and how Jesus dealt with it.

| a) Mark 11: 15 – 18 NIRV   |  |
|----------------------------|--|
| b) Mark 3: 5 NIRV          |  |
| c) Matthew 5: 44 – 45 NIRV |  |
| d) Luke 22: 50 NIRV        |  |
| e) Luke 23:24 NIRV         |  |

### Sentences from last week:

- > Be on your guard against wanting more things more than you have
- Life is not made up of how much a person has

